



**3 steps to bringing joy & happy memories
 to care homes & helping residents feel
 connected to the wider world**



- 1** Buy a postcard or make one from your photos (places only - no people's faces please), using pictures from magazines, or draw / paint your own. The pictures could be of a place you have visited or a place you dream of visiting, summer activities you like doing or things that evoke memories of summer.
- 2** Write a short message, for example about the place or pastime on your postcard, a memory of summer or about what summer means to you.
- 3** Then contact us and we can let you know where to send your postcards.

We are looking for volunteers to help with Make Lunch during the summer holidays. We would love to offer this service every Tuesday.

The areas of help we need are:

- ◆ Food Prep
- ◆ Cooking
- ◆ Serving
- ◆ Washing up
- ◆ Cleaning away
- ◆ Helping families
- ◆ Supporting adults



In Bursledon

Even helping with just one task for one day can make a big difference and help us continue this vital ministry

Please contact Bernadette or the church office.

There are also sign up sheets at each church on Sunday

*Future Dates for
 Make Lunch:*

*St Paul's
 Church,
 Bursledon*

Summer Holidays
11.45am - 1.00pm

TUESDAY 29TH JULY
TUESDAY 5TH AUGUST
TUESDAY 12TH AUGUST
TUESDAY 19TH AUGUST
TUESDAY 26TH AUGUST

St Paul's Church



**CALL/TEXT
 BERNADETTE TO
 BOOK YOUR MEAL:
 07902 829491**

Mothers' UNION

Christian care for families
Coffee Morning at St Paul's Church
Wednesday 17th September @ 10.00am

Everyone is welcome



Future dates:

28th July

11th August

2pm-4pm

www.bursledonparish.org/

WE ARE HERE ON THE 2ND + 4TH
MONDAY OF EACH MONTH*
2-4PM *except bank holidays



Ladies of St. Leonard's & St. Paul's, please come and join us for an informal Coffee Morning at St Leonard's Meeting room on Thursday 18th September

Contact Elizabeth Baker for more information:
01489 583913

Water conservation



Save water at home, at the office and even in your garden this summer. Small changes can have a big impact on the environment!

- By turning off the tap when brushing your teeth, you can save up to 35 litres of water a day!
- Instead of letting the tap run, opt for filling a jug with water and place it in the fridge until it reaches the perfect temperature
- While waiting for your shower or bath water to warm, collect water in a bucket and save it to water the plants in your garden
- Take time to fix leaky appliances around your home, such as toilets

Sunday 20th July

9.00am Seek Prayers

9.30am Morning Worship Service*

11.15am Morning Worship Service
(at St Leonard's Church)

Monday 21st July

6.30pm M18 Prayers**

Wednesday 23rd July

9.15am Holy Communion

(at St Leonard's Church)

Sunday 27th July

9.00am Seek Prayers

9.30am Holy Communion Service*

11.15am Holy Communion Service
(at St Leonard's Church)

Monday 28th July

6.30pm M18 Prayers**

(last meeting for the summer -
will return in Sept)

Wednesday 30th July

9.15am Holy Communion

EYE TEST



If you see this watermelon as:

RED - You are a normal person

GREEN - You are a bit odd

BLUE - You need to volunteer
at church

Sunday 3rd Aug

08.00am HC BCP

9.00am Seek Prayers

(at St Leonard's Church)

9.30am All Age Service*

11.15am Family Service

(at St Leonard's Church)



*This service will also be on Zoom

**This service is Zoom only

Events take place at St. Paul's Church, unless otherwise specified

The Parish Church Office, St Paul's Church, Chamberlayne Road, Bursledon,
Southampton, SO31 8DT ☎ 023 8040 6866

www.bursledonparish.org office@bursledonparish.org

Registered Charity Number: 1132121 (England & Wales)

Church Office Open: Mon, Tues & Thurs 9.00am-5.00pm

For any Safeguarding concerns please contact the Safeguarding Officer:
Peter Taylor Tel: 07902 829492 or email safeguarding@bursledonparish.org